Centre intégré de santé et de services sociaux de Lanaudière OUÉDEC 🐼 🐼

#### Medical Biology Laboratory Pre-Analysis Procedures Manual Instructions for the patient

# COLLECTION SCREENING FOR VANCOMYCIN-RESISTANT ENTEROCOCCI (VRE) IN STOOLS

Procedure no.: MIC-IPAS-006

Version: 005

Status: Active

#### 1. Sample collection

- Collect the sample in the morning from Monday to Friday (business days).
- It is important not to let the stool touch the water in the toilet bowl and not to use toilet paper to collect it.
- Use a basin or a clean large container to collect the stool.
- Collect 3 to 6 g of solid stool (about the size of a grape) or 5 mL of liquid stool and place it in the empty sterile container provided by the laboratory (without transport medium).
- Close the container tightly to make sure that it does not leak.
- Use a household disinfectant to fully disinfect the outside of the container.
- On the container, write your name, file number and the date and time of the collection. Then place the container in a Ziploc bag.
- Only one collection per day is accepted. Other collections taken on the same day will be rejected.

## 2. Storage

- This type of sample is *very difficult to store*.
- Keep the sample **in the refrigerator** before transporting it to the laboratory reception (SBA-31), **as soon as possible**.

## 3. Transportation

- Bring the sample, accompanied by the requisition form duly completed, to the laboratory reception (SBA-31), **as soon as possible** (ideally **no more than 2 hours** after collection) during opening hours.
- Maximum timeframe: 12 hours after collection, if refrigerated.
- For better storage, keep the sample **cool** during transportation, in a cooler with an ice pack.

## 4. For more information

• Contact the laboratory reception at 450-759-8222, ext. 2606 (business days, 8 a.m. to 4 p.m.).

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