


<p>Centre intégré de santé et de services sociaux de Lanaudière</p> 	<p>Medical Biology Pre-Analysis Procedures Manual</p>	
	<p>Instructions for the patient</p> <p>Activity sector: Cytology</p>	
<p>SPUTUM CYTOLOGY</p>		
<p>Procedure no: CYT-IPA-001</p>	<p>Version: 004</p>	<p>Status: Active</p>

1.0 General instructions

Preparation of the user for a sputum cytology analysis.

The sputum must be collected in the morning while you are fasting, for three consecutive days or according to the physician's instructions, in the container containing 70% alcohol obtained from the laboratory reception of the CSSSL, CHDL facility, SBA-31 (**do not drink the alcohol**).

Clearly identify the three "F-631" cytology requisitions and the three containers with the user's complete name and the hospital file number and/or the RAMQ number and the name of the physician who requested the analysis and his or her signature. Unidentified or poorly identified samples will be rejected and the analysis procedure will have to be repeated.

2.0 Sample collection

2.1 Rinse your mouth well with water.

2.2 Do not snort (nasal secretions will not be sufficient).

2.3 Take 3 to 4 deep abdominal breaths before coughing and spitting (the sample must come from the lower respiratory tract after a deep cough).

2.4 Collect the sputum in the container provided containing 50 mL of 70% alcohol (**do not drink the alcohol**).

2.5 Repeat these steps for three consecutive mornings.

2.6 After each expectoration, shake the container well.

3.0 Storage

Store the sputum in the refrigerator.

4.0 Transportation


Bring the sputum samples and the requisition corresponding to each sample to the laboratory reception of the CSSSL Nord, CHDL facility, SBA-31 or to your CLSC.

If you are unable to bring the sample immediately, store the sputum in the refrigerator and bring the samples as soon as possible after the third collection to the laboratory reception of the CSSSL, CHDL facility, SBA-31 or to your CLSC.

Please note that the laboratory reception is open from Monday to Friday, 8 a.m. to 4 p.m. Check with your CLSC to find out the drop-off hours for samples.

5.0 For more information

Contact the laboratory reception of the CSSSL Nord, CHDL facility at 450-759-8222, ext. 2606.

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6.0 Person(s) in charge

Technical Coordinator of the Cytology Department

7.0 Tableau de l'historique d'élaboration, révision, approbation			
	Directions, Comités, Intervenants ayant contribué		
	Noms ou acronymes	Fonctions ou description	Dates
Élaboré/rédigé par	• Jimmy Audet	Assistant-chef cytologie	30-05-2007
Révisé par	• Suzanne Biron	Cytologiste	04-09-2007
Approuvé par	• Dr. Lise Comeau	Chef du service d'anatomo-pathologie	10-09-2007
Révisé par	• Mélanie Racette	Coordonnatrice tech. cytologie	13-05-2014
Approuvé par (si modifié)	• Dr. André Allaire	Chef du service d'anatomo-pathologie	13-05-2014
Révisé par	• Mélanie Racette	Coordonnatrice tech. cytologie	28-04-2017
Approuvé par (si modifié)	• Dr. André Allaire	Chef du service d'anatomo-pathologie	28-04-2017
Révisé par	• Mélanie Racette	Coordonnatrice tech. cytologie	23-10-2017
	• Anick St-Amour	Assistante chef	2017-10-23
Approuvé par (si modifié)	• Dr. André Allaire	Chef du service d'anatomo-pathologie	23-10-2017

Tableau de l'historique des versions et modifications commentaires			
Version	Date en vigueur	Date de la dernière version	Modifications et commentaires
001	2007-09-11		• Version initiale selon le canevas de rédaction des documents de gestion du service de biologie médicale.
002	2014-05-13		• Révision
003	2017-04-27		• Révision + logo
004		2017-10-23	• Ajout (ou selon les spécifications du médecin)