Centre intégré
de santé
et de services sociaux
de Lanaudière
Québec

Medical Biology

Laboratory

Pre-Analysis Procedures Manual

Instructions for the patient

URINE COLLECTION TO SCREEN FOR STREET DRUGS

Procedure no.: BIO-IPA-011 Version: 001 Status: Active

1. Collection

- Open the container.
- Start urinating.
- Mid-flow, collect at least 8 mL (less than 60 mL to avoid overflow) in the container.
- Finish urinating in the toilet.
- Close the container tightly so that it does not leak.
- Write your name, file number, date and time of the sample collection on the conical tube; then place it in the Ziploc bag.

2. Storage

- Store the sample at room temperature if it will be taken to the laboratory in ≤ 2 hours.
- If > 2 hours, store it in the refrigerator (4°C) for a maximum period of 48 hours.
- For longer storage (more than 48 hours), the sample must be frozen and stored at -20°C.

3. Transportation

- Bring the sample and the requisition duly completed to the laboratory reception (SBA-31) as soon as possible.
- Be sure to respect the sample storage instructions.

4. For more information

• Contact the laboratory reception at 450-759-8222, ext. 2606 (business days, 8 a.m. to 4 p.m.).

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