Services Offered

CLSC de Berthierville

Centre intégré de santé et de services sociaux de Lanaudière



450-836-7011

Toll-free: 450-752-2434

761, rue Notre-Dame Berthierville (Québec) J0K 1A0

Québec ##

Services offered by the CLSC

Do you have a physical health problem or complication?

Contact your CLSC at 450-836-7011.

When you call the CLSC, please:

- Have your health insurance card handy
- Explain your situation accurately



Health Services

- Do you have a health problem?
- Do you need assistance or follow-up after a surgery?
- Do you need follow-up treatments because of your health condition?

Services Offered:

Walk-in Services

Sample collection/testing (blood tests, urine tests, etc.)
 Monday, Tuesday and Friday from 7:15 a.m. to 10:15 a.m.

By appointments

- Nursing care (bandaging, injections, teaching, etc.)
- Vaccination clinic
- Screening tests for STIs/Birth control: ext. 0
- Smoking Cessation Centre: ext. 277



Home Support Services

- Is your autonomy limited or are you unable to get around easily because of your health condition?
- Do you need temporary assistance at home?

Contact the home support reception service at 450-757-2572 (450-757-CLSC) or 1-866-757-2572.

Services Offered:

- Home care assistance (personal hygiene, meals, etc.)
- · Help and support for people with disabilities
- Fall prevention program
- In-home nursing care following surgery or a hospital stay, or in cases of chronic disease
- · Self-treatment teaching and follow-up
- Respiratory therapy, occupational therapy, physical rehabilitation services, dietitian services, etc.
- In-home social services (coping with an illness, assessing residential services or protection plans, negligence or violence against an elderly person, etc.)
- Day Centre (nursing care, social or rehabilitation services, group activities and respite care)
- · Home adaptation assessment
- Equipment loans (wheelchair, walker, hospital bed, etc.)
- Material assistance program for people with disabilities
- Direct allowance program for home care assistance and respite care
- Palliative care assistance and support



- Are you preparing for the birth of a child?
- Is your child's development worrying you?
- Does your child's health require monitoring?
- Are you questioning your skills or your abilities as a parent?

Services Offered:

- Vaccination
- Prenatal courses
- Postnatal visits
- · Breastfeeding support
- Preventive dental hygiene
- Support to parents (early stimulation workshops, domestic help, etc.)
- Support to families with a disabled child and respite care

Other services offered by the CISSS



Are you concerned with your **physical** or **psychological** health or that of a loved one?

Dial 811 to contact Info-Santé/Info-Social.

This service is confidential and accessible 24 hours a day 7 days a week.

Services Offered:

Sound advice and referral to key resources.



Health Services

Services Offered:

- Abortion clinic (CLSC de Joliette): 450-755-2111, ext. 2418
- Asthma Instructional Centre (Centre hospitalier De Lanaudière): 450-759-8222, ext. 2792



- · Are you or is a loved one:
 - Struggling to **overcome a trying ordeal** (major turning point in life, death of a loved one, separation, fire or natural disaster, etc.)?
 - Having trouble at work, with your personal finances, housing, etc.?
 - Having mood changes (depression, anxiety, anger, irritability, fear)
 that affect your ability to function?
- Does your child have behaviour or adaptation problems?

Dial 811, option 2 to contact Info-Social.

Services Offered - Adult:

- Initial meeting, assessment, orientation and referrals
- Psychosocial services by appointment for personal or family problems, relationship issues, crisis situation, etc.
- Alcochoix

Services Offered - Children, Youth and Family:

- OLO Program (egg-milk-orange)
- Integrated Perinatal and Early Childhood Services Program (Programme SIPPE in French)
- Psychosocial services to youngsters in difficulty and their families/
 Youth mental health services



Services in the Fields of Intellectual or Physical Disabilities and Autism Spectrum Disorders

- Are you, your child or a loved one having problems related to your disability or difficulties?
- Do you think your child may have a developmental delay?

Contact the centralized ID-PD-ASD reception service at 1-877-322-2898 or guichet.ditsadp.cissslan@ssss.gouv.qc.ca.



Addiction Rehabilitation Centre

Are you suffering from **substance abuse**, **alcoholism** or **compulsive gambling**?

Contact the centre nearest you:

• Joliette: 450-755-6655

• Charlemagne: 450-657-0071

• Terrebonne: 450-492-7444



Rural nursing services in Mandeville

For people 50 years of age or older

Contact the CLSC de Saint-Gabriel-de-Brandon at 450-835-4707, ext. 2.

Service Quality and Complaints Commissioner

450-759-5333, ext. 2133 or 1-800-229-1152, ext. 2133

Email: plaintes.cissslan@ssss.gouv.qc.ca

CISSS de Lanaudière Users Committee

450-759-5825 or 1-833-649-5733 (voicemail)

Email: cucilanaudiere@gmail.com

Quebec Family Doctor Finder

You don't have a **family doctor**? Register now.

- Online: www.gamf.gouv.qc.ca
- By telephone:
 - North of Lanaudière: 450-756-5076
 - South of Lanaudière: 450-654-9012, ext. 68290

Transport/Support services offered by our partners

Adapted transportation service of the D'Autray RCM:

450-835-9711 or 1-877-835-9711

Association for People with Disabilities - Berthierville sector:

450-836-6877 or 1-877-736-6877

D'Autray Volunteer Action Center Inc.:

450-836-7122 or 450-875-0921 (Lavaltrie)

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www.cisss-lanaudiere.gouv.qc.ca

Production: CISSS de Lanaudière, September 2020 Texte original en français